This handbook presents a collection of 16 chapters written by various contributors on personalisation specifically for those working with people with learning disabilities. It gives readers an insight into what personalisation means in practice.

The handbook is divided into three sections:

- **Section one:** Leaders by experience
- **Section two:** Creating the conditions
- **Section three:** The broader picture – What next for personalisation

The three sections consider the experiences and reflections of individuals and groups who are directing their own support, and how self-directed support changes the responsibilities, roles and relationships of people surrounding the person. They also consider the changing system and what needs to happen for personalised services to succeed.

The handbook adopts the values of In Control – the organisation which pioneered the development of self-directed support and personal budgets in England from 2003.

**Format:** handbook 240pp

**Vital information for:** people with learning disabilities, support staff and their managers, families and friends of people with learning disabilities, training and development staff.
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