

# Self-directed support

## Organising the money

There are several ways that you can take and manage the money you get for your support.

This fact sheet tells you about ways you can organise the money you have as an Individual or Personal Budget.



**To get more help**  
contact In Control.  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)



Find more fact sheets at:  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

## The basic facts

**You are ready to organise your money when you have already:**

- worked out what your support needs are
- found out how much money you need
- made your support plan
- had your support plan and budget agreed by the local authority.

### **There are different ways you can organise the money.**

You might have a direct payment: the local authority pays the money straight into your bank account. (You need a separate account to stop this money getting mixed up with any other money you have.)

But you don't have to organise the money yourself.

### **You can arrange for someone else to manage it for you:**

- someone you trust – a family member or friend
- a Trust (a legal group set up to act for you)
- someone you pay – a broker, an independent social worker or an advocate
- a service provider who manages the budget for you and provides support using an Individual Service Fund
- a care manager or social worker.

**in**  **Control**<sup>®</sup>



**To get more help**  
contact In Control.  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)

**Find more fact sheets at:**  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

# More information about organising the money

## There are a number of options for looking after the money.

### Organise it yourself

You can take the money as a direct payment from the local authority. Keep it in a separate bank account from other money you have.

Opening a bank account isn't always easy. The bank has to be satisfied that you understand what having a bank account means. If you have a reducing capacity to understand your financial arrangements (perhaps because of a deteriorating condition) you may need legal advice. Voluntary organisations like the MS Society and the Alzheimers' Society may be able to help.

If you have Independent Living Fund money, the local authority may want you to keep this in another account – separate from the money from Social Services. Ask the local authority about this.

### Get someone you trust to look after the money

A family member could hold the bank account for you. The local authority must agree to this.

### Set up a Trust

A group of people who have your best interests at heart can form a legal Trust. The Trust can open an account on your behalf. The local authority must recognise the Trust as your managing agent.

### Use a provider organisation

Some organisations that provide support are using Individual Service Funds. That means that they hold your money in a restricted account – an account that can only be used for your support.

in  Control®



**To get more help contact In Control.**  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)

Find more fact sheets at:  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of

In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

## Leave the money with the local authority

A care manager can look after the money. Some people like to start off leaving the money with the local authority and then take more control as they get more confident.

## If you, a relative or a Trust are looking after the money, there are things you need to do.

### Check out the best deals from the banks

Some banks give better deals than others so it is good to shop around. You might be able to get help with this from your local Centre for Independent Living.

### Make a spending plan:

- Plan what you will spend over a whole year and also what you will spend each week.
- Keep some money aside to use in case something unexpected crops up.
- Plan to spend all your money during the year and discuss with your local authority any intention to carry money over into the next year.
- Ask for help as soon as you need it.

### Keep track:

- Keep a diary of what you spend and when.
- Keep copies of invoices and receipts for things you have bought with your money.
- If you employ people, keep details such as their tax and national insurance contributions. You can get help with this from a Centre for Independent Living or other local organisations. Your local authority will be able to give you their contact details.
- If the local authority asks you for any information, make sure you keep a record or a copy of what you send them.

**in**  **Control**<sup>®</sup>



**To get more help**  
contact In Control.  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)

Find more fact sheets at:  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of

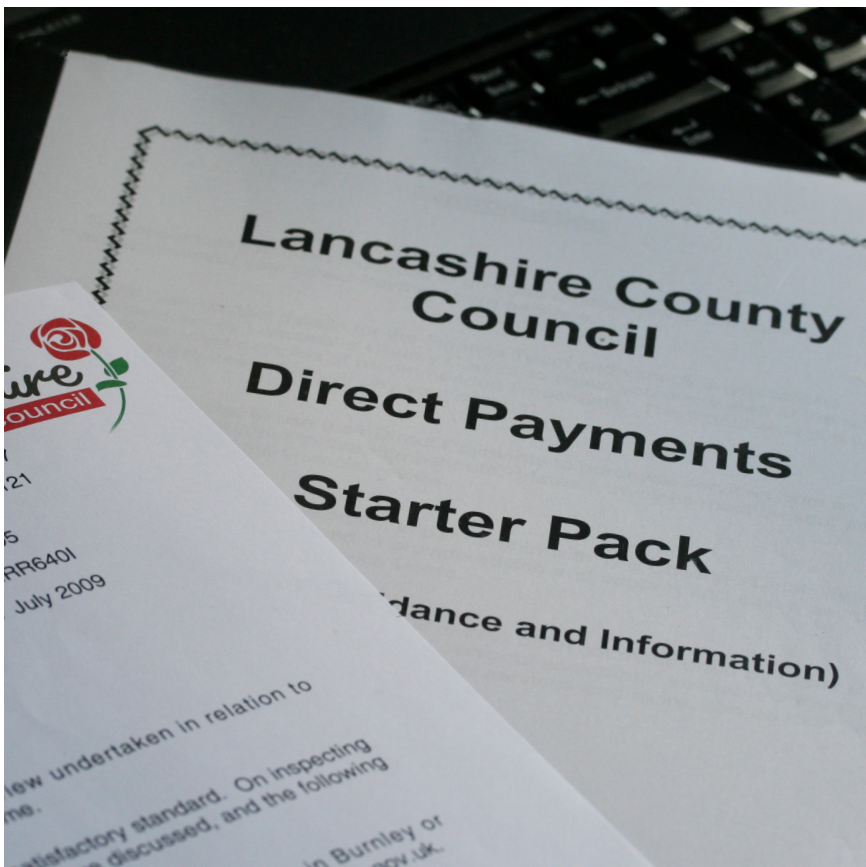
In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

## What the local authority wants

Part of the local authority's job is to help you to look after your money. They will want to talk with you about how your money is working for you.

Every so often, the local authority will probably want to audit what you do with the money. They will ask you to show them that you have used the money in a responsible way. Generally, they expect you to keep receipts for bigger purchases. Ask your local authority what they expect.

If things aren't working well, the local authority should help you to get back on track.



**in Control**



**To get more help  
contact In Control.  
Tel: 01564 821 650  
Email In Control  
[help@in-control.org.uk](mailto:help@in-control.org.uk)**

**Find more fact sheets at:**  
[www.in-control.org.uk/  
factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

# Two examples

## Caroline Tomlinson

'I guess other folk use a variety of people to do their PAYE for their personal assistants. We find that by managing it ourselves we get best value out of it because we don't take a management fee. You could use a broker or a friend of the family, too.

We're looking now at an Independent Living Trust. In this, people sign up in a legal way to act in the best interest of Joseph. We think this would set up a sustainable arrangement for Joseph so that if anything happened to us the money would still be working for Joe in the best possible way.

We wanted to make sure that Joe's income was maximised so we went through a benefits check with the local Welfare Rights Advisor to make sure he was getting everything he was entitled to. I would say to anyone in our circumstances that they should do this regularly because the benefits system is constantly changing.'

## Cindy Peacock

'I have an individual budget because I have a visual impairment. I have three children.

I use the money for my PA who helps with an endless list of practical jobs.

Although I still have complete control I didn't want the worry of organising the money as well. So I use an agency to organise the money for me.'

in  Control®



**To get more help**  
contact In Control.  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)

Find more fact sheets at:  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

# There is a lot of information about self-directed support on In Control's website: [www.in-control.org.uk](http://www.in-control.org.uk)

## Here is a selection of things that tell you more:

### Free to download or you can buy a copy from:

In Control Support Centre, Carillon House, Chapel Lane, Wythall, B47 6JX or [www.in-control.org.uk/shop](http://www.in-control.org.uk/shop)

**How to be in control** DVD or view on:  
[www.in-control.org.uk/dvd](http://www.in-control.org.uk/dvd)

### For sale at:

In Control Support Centre, Carillon House, Chapel Lane, Wythall, B47 6JX or [www.in-control.org.uk/shop](http://www.in-control.org.uk/shop)

**The Essential Family Guide: how to help your family member be in control** Caroline Tomlinson

**Keys to Citizenship: a guide to getting good support for people with learning disabilities** Simon Duffy

### Useful website

The government has a section about managing money on [www.direct.gov.uk](http://www.direct.gov.uk)

This includes links to online budget planners that add up your income and expenditure for you.

### About the **In Control and Me** project

A three-year project to produce accessible information for everyone who wants to direct their own support, funded by the National Lottery through the BIG Lottery Fund. You can find out more at [www.mencap.org.uk/incontrol](http://www.mencap.org.uk/incontrol) or [www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)

**in Control**



**To get more help contact In Control.**  
Tel: 01564 821 650  
**Email In Control**  
[help@in-control.org.uk](mailto:help@in-control.org.uk)

Find more fact sheets at:  
[www.in-control.org.uk/factsheets](http://www.in-control.org.uk/factsheets)



**LOTTERY FUNDED**



This fact sheet was produced by In Control and Mencap as part of In Control and Me, a lottery funded project.  
[www.in-control.org.uk/icandme](http://www.in-control.org.uk/icandme)